

Duration: Season 2024/2025 – (July 2024 – May 2025)

Salary: Unpaid

Type: Placement

Reports To: Billy Hunter (Club Secretary), Ciaran Pack (First Team Therapist),  
Ellen Fender (Lead Academy Therapist)

**Summary:** Boreham Wood FC are an ambitious, community focused Football Club, who compete in the Vanarama National League. Since our promotion to the National League in 2015, we have steadily become an established National League club, year-on-year competing for play-offs at Non-League's top table. During the 2021/22 season, the Club were thrust into the national spotlight, reaching the Emirates FA Cup 5<sup>th</sup> Round and taking on Everton at Goodison Park, becoming just the tenth Non-League side in FA Cup history to reach the last 16 of the prestigious competition.

The successful candidate(s) will be responsible for contributing towards the delivery of medical support to both First Team and Academy players at Boreham Wood FC, where you will learn a comprehensive range of skills and experiences from a professional sporting environment to assist your progress in your career.

The role will be based at the Club's Meadow Park ground, this is an excellent opportunity to work at a vibrant and continuously growing Football Club in the National League.

#### **Roles & Responsibilities: -**

- Assisting in the delivery of treatments and rehabilitation sessions
- Soft Tissue Massage both for injury prevention, recovery as well as Pre-Match.
- Assisting in preparation for training and match days
- Assisting in nutrition and hydration strategies to all players
- Contributing and assisting towards player performance and rehabilitation programs
- Designing and implementing rehabilitation sessions for Academy players
- Hands on assessment and pitchside cover with Academy players.

#### **Key Requirements: -**

- Working towards an Undergraduate Degree in Sport Therapy or Sports Rehabilitation
- Applied Knowledge of Anatomy
- Experience working within a team environment
- A willingness to learn and develop upon one's skills and knowledge
  - Competent in using Microsoft Office i.e. Word, Excel and PowerPoint
- To be organised, enthusiastic, reliable and committed
- Good verbal and written communication skills
- Have a professional, proactive, and innovative approach to work
- Flexible and able to work unsociable hours (Evenings/Weekends)

If you would like to apply for the position, please email a CV and covering letter explaining why you would be suitable for the role to: BWFC's Associate Therapist Ellen Fender on [efender@borehamwoodfootballclub.co.uk](mailto:efender@borehamwoodfootballclub.co.uk) stating '**Sports Therapy/Rehabilitation Placement at Boreham Wood FC**' in the subject line.

**Closing date: Friday 10<sup>th</sup> May 2024.**

**Chosen applicants will be notified of an interview date the following week.**

**OUR CLUB. OUR TOWN. OUR COMMUNITY.**