

BOREHAM WOOD FC COMMUNITY FOOTBALL

SPECIALIST GOALKEEPING SESSIONS

Boreham Wood FCs Community Scheme are holding specialist goalkeeping sessions for children aged 6 – 12 years old.

Our sessions are designed to encourage young goalkeepers to play in goal with confidence working on the fundamental skills needed to progress in this key position.



Our sessions cover a wide range of attributes required to create confident goalkeepers such as:

- **Shot stopping**
- **Handling**
- **Body shape**
- **Communication**
- **Catching**
- **Footwork**
- **Ball Skills**
- **Agility & Reaction**

ONLY £4 PER SESSION
(PAY AS YOU PLAY)

EVERY THURSDAY
4.00pm - 5.00pm

DISCOUNT ON
BLOCK BOOKINGS

£1 OFF FIRST SESSION,

(WITH COMPLETED APPLICATION FORM SEE REVERSE. ONE PER CHILD)

FIRST SESSION THURSDAY 8TH SEPTEMBER

FOR MORE INFORMATION PLEASE CALL THE COMMUNITY DEPT

020 8953 5716